



Reduce harmful work stressors.
Improve job quality and health.

Healthy Work **Tools**

Resources for workers and unions on documenting job stress hazards, and working to reduce them

COSH groups:

Committees/Coalitions on Occupational Safety and Health (COSH groups) are non-profit coalitions of labor unions, health and technical professionals and others interested in promoting and advocating for worker health and safety. There are currently 26 COSH groups in the US. Find one near you: <https://nationalcosh.org/>, www.nycosh.org

AFL-CIO:

Protect Workers from Violence:

<https://aflcio.org/workplace-violence>

Letter Supporting Legislation That Would Protect Health Care and Social Services Workers from Violence:

<https://aflcio.org/about/advocacy/legislative-alerts/letter-supporting-legislation-would-protect-health-care-and-0>

American Federation of Teachers (AFT):

Healthcare Staffing Shortage Task Force Report:

<https://www.aft.org/healthcare/healthcare-staffing-shortage-task-force-report>

Report from the AFT Teacher and School Staff Shortage Task Force:

<https://www.aft.org/sites/default/files/media/2022/taskforcereport0722.pdf>

Workplace Violence Prevention:

<http://allin.rtp.aft.org/make-action/workplace-violence-prevention#toolkit>

NY State United Teachers (NYSUT):

<https://www.nysut.org/resources/special-resources-sites/workplace-health-and-safety>

NY State Occupational Health Clinic Network:

https://www.health.ny.gov/environmental/workplace/clinic_network.htm

National Institute for Occupational Safety and Health (NIOSH):

- Job stress: <http://www.cdc.gov/niosh/topics/stress/>
- Work and fatigue: <https://www.cdc.gov/niosh/topics/fatigue/>

Occupational Safety and Health Administration (OSHA):

<https://www.osha.gov/workplace-stress>

Surgeon General's Framework for Workplace Mental Health and Well-Being:

<https://www.hhs.gov/surgeongeneral/priorities/workplace-well-being/index.html>

Workplace Bullying Institute: <https://workplacebullying.org/>

Healthy Work Campaign: <https://www.healthywork.org/>